

EXPRESS MARKET DELIVERY

PROVISIONING LIST

CHARTER NO

DATE OF DELIVERY

TIME OF DELIVERY

EXPRESS MARKET ARGOSTOLI

IOANNOU METAXA 54

ARGOSTOLI, KEFALONIA, GREECE, 28100

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Main shop: +302671023675

**Attention please: quantities should be written in
Kilos, grams or pieces**

BEVERAGES	QUANTITY	
COFFEE (AMERICAN)		
COFFEE (FRENCH)		
COFFEE (GREEK)		
NESCAFE		
COCOA		
ENGLISH TEA		
FLAVOURED TEA		
MILK EVAPORATE		
SWEET MILK		
LONG LIFE MILK		
BREAD, CRACKERS ETC	IN PIECES	
FRESH BREAD (WHEAT, RYE, WHOLE GRAIN)		
ROUND SESAME BREAD		
GERMAN TYPE BREAD		
PETITE BEURRE		
VARIOUS COOKIES		
SALTED CRACKERS		
UNSALTED CRACKERS		
TOAST BREAD		
SANDWICH BREAD		
CORN FLAKES		
RICE CRISPIES		
GLUTEN FREE CRISPIES		
FLOUR (VARIETY)		
CROISSANTS		

DAIRY PRODUCTS	IN PIECES	
FRESH COW MILK		
FRESH COW MILK LIGHT		
FRESH GOAT MILK		
FRESH GOAT MILK (LIGHT)		
ORGANIC FRESH MILKS		
<i>NUT MILK</i>		
<i>SOYA MILK</i>		
<i>ALMOND MILK</i>		
SUISSE GRUYERE 500GR		
LOCAL GRUYERE 500GR		
FETA CHEECE 500GR		
KEFALOTIRI 500GR		
MANOURI CHEECE 500GR		
HALOUMI CHEECE 500GR		
GOAT CHEECE 500GR		
SMOKED CHEECE 500GR		
PARMESAN CHEECE 500GR		
ROQUEFORT 500GR		
CAMEMBERT 500GR		
CHEDDAR MATURE 500GR		
CHEDDAR MILD 500GR		
GOUDA 500GR		
MOZZARELLA 500GR		
EMMENTAL 500GR		
EDAM 500G		
MIZITHRA CHEECE 500GR		
FRESH CHEECE WITHOUT SALT 500GR		
GRANA PADANO 500GR		
REGATO 500GR		
BUTTER (VARIETY)		
MARGARINE		
STAPLES CONDIMENTS	IN PIECES	
GREEK HONEY		
HONEY		
BUTTER		
SUGAR		
FRESH LOCAL EGGS		
GREEN OLIVES		
KALAMATA OLIVES		
SALT		
GROUND PEPPER		
PAPRIKA		
GINGER		
OREGANO		
CURRY		
MIXED SPICES		
OLIVE OIL 1KG		

CORN OIL 1KG		
SUNFLOWER OIL 1KG		
VINEGAR		
HELLMANN'S REAL MAYONNAISE		
HELLMANN'S LIGHT MAYONNAISE		
HELLMANN'S MAYO TABASCO SAUCE		
HELLMANN'S KETCHUP CLASSIC		
HELLMANN'S KETCHUP STEVIA		
HELLMANN'S KETCHUP KRETAN HONEY		
HELLMANN'S YELLOW MUSTARD		
HELLMANN'S MILD MUSTARD		
HELLMANN'S HOT MUSTARD		
HELLMANN'S ORIGINAL BBQ SAUCE		
HEINZ KETCHUP		
HEINZ ORGANIC KETCHUP		
HEINZ MAYONNAISE SAUCE		
HEINZ MAYONNAISE LIGHT SAUCE		
HEINZ MILD MUSTARD SAUCE		
HEINZ HONEY MUSTARD		
HEINZ CLASSIC BBQ		
HEINZ SALAD CREAM		
CAESAR'S DRESSING		
FRENCH DRESSING		
JACK DANIEL'S BBQ SAUCE		
SOYA SAUCE		
HP SAUCE		
COLMAN'S MINT SAUCE		
COLMAN'S CRANBERRY SAUCE		
COLMAN'S HORSERADISH SAUCE		
SANTA MARIA TACO SAUCE		
PASTA SNACK POTS (VARIETY)		
NOODLES SNACK POTS (VARIETY)		
FRESH FRUITS AND VEGETABLES	IN KILOS	
ORANGES		
STRAWBERRIES		
RASPBERRIES		
BLUEBERRIES		
GOOSEBERRY		
BLACKBERRIES		
LEMONS		
APPLES		
PEARS		
PEACHES		
PINEAPPLES		
AVOCADOES		
MELLONS		
WATERMELLONS		
GRAPES		
GRAPELEAVES		

CABBAGE		
LETTUCE		
CARROTS		
TOMATOES		
CUCUMBERS		
PARSLEY		
CELERY		
POTATOES		
ONIONS		
GARLIC		
FIGS		
CHERRIES		
MANGOS		
PAPAYA		
BANANAS		
VALERIANA		
PEPPERS		
THYME		
CORIANDER		
RADICCHIO		
LEMONGRASS		
CELERIAC		
PASSION FRUIT		
LOQUAT		
GRAPEFRUIT		
FENNEL		
GINGER		
MESCLUN		
BABY SPINACH		
ESCAROLE		
CANS	IN PIECES	
OLD OAK AMERICAN HOT DOG		
HEINZ TOMATO SOUP		
BAKED BEANS		
BAKED MEATBALLS		
SQUIDS		
TUNA		
SALMON		
MACKEREL		
ANCHOVIES		
SARDENES		
CORN		
MUSHROOMS		
ASPARAGUS		
GREEN PEAS		
LUNCHEON MEAT		
APRICOTS		
PEACHES		
PINEAPPLES		

RED CAVIAR		
BLACK CAVIAR		
PICKLES		
COLD MEAT (SLICES)	IN PIECES	
BOILED TURKEY 250GR		
BOILED HAM 250GR		
BOLOGNA 250GR		
SMOKED TURKEY 250G		
SMOKED HAM 250GR		
SALAMI 250GR		
PARIZA 250GR		
TURKEY FOUANTRE 250GR		
BOILED CHICKEN 250GR		
SAUSAGES (VARIETY)		
BACON 250GR		
CHICKEN 250GR		
PASTA, RICE ETC	IN PIECES	
SPAGGETTI NO 2		
SPAGGETTI NO 3		
SPAGGETTI NO 5		
SPAGGETTI NO 6		
SPAGGETTI NO 7		
SPAGGETTI NO 10		
ANGEL HAIR		
FUSSILI		
BOW TIES		
PENNE		
ZITI		
LINGUINI		
LASAGNE		
FARFALLE		
RIGATONI		
RAVIOLI		
ROTINI		
TAGLIATELLE		
WHOLE GRAIN SPAGGETTI		
GLUTEN FREE SPAGGETTI		
PARBOILED/BONNET RICE		
BASMATI RICE		
CAROLINA RICE		
GLASE RICE		
JASMINE RICE		
WILD RICE		
UNCLE BEN'S RICE		
LEGUME	IN PIECES	
LENTILS 500GR		
BEANS 500GR		

FAVA BEANS 500GR		
CHICKPEA 500GR		
ALCOHOL(WINES-BEERS ETC)	IN PIECES	
WINE PALLINI		
WHITE SANTA ELENA		
WHITE SANTA LAURA		
WHITE MINOS		
WHITE DEMESTICHA		
RETSINA		
WHITE CELLAR		
WHITE XENIA		
RETSINA "PLAKA"		
RED CASTLE DANIELIS		
CHATEAU		
RED DEMESTICHA		
RED "BOUTARIS"		
RED "CHEVALIER DE RHODES"		
RED CELLAR		
RE XENIA		
RED SAMOS		
MAVRODAFNE SWEET		
KEFALONIAN ROBOLA		
AMSTEL BEER		
MYTHOS BEER		
HEINEKEN BEER		
SPARTAN BEER		
ALFA BEER		
KAIZER BEER		
FIX BEER		
NO ALCOHOL BEER		
FISHER BEER		
DARK BEERS		
SCOTCH		
SINGLE MALT		
IRISH WHISKEY		
RUM		
GON		
VODKA		
BRANDY 3 STARS		
BRANDY 5 STARS		
BRANDY 7 STARS		
CAMPARI		
OUZO		
TSIPOURO		
CHAMPAGNE		
CIDERS		
SOFT DRINKS - CANNED JUICES-WATER	IN PIECES	
MINERAL WATER		

MINERAL WATER WITH GAS		
SODA WATER		
GINGER ALE		
BITTER LEMON		
COCA COLA (NORMAL, ZERO, LIGHT)		
PEPSI COLA (NORMAL, MAX)		
ORANGEADE		
LEMONADE		
APRICOT JUICE		
ORANGE JUICE		
APPLE JUICE		
GRAPEFRUIT JUICE		
MIXED FRUITS (VARIETY)		
CLEANING-SANITATION-ETC	IN PIECES	
TOILET PAPERS		
SOAPS		
LIQUID SOAPS		
PAPER NAPKINS		
KITCHEN PAPERS		
MATCHES		
LIGHTERS		
WASHING UP LIQUIDS		
SPONGES		
SHAMPOO		
SHOE POLISH		
AIR FRESHNER SPRAY		
MOSQUITO REPELLENT		
ALUMINUM FOIL		
POCKET HAND SANITIZERS		
HAND SANITIZERS		
PROTECTIVE MASKS		
BLEACH		
FLOOR LIQUIDS WITHOUT BLEACH		

DESCRIPTION	QUANTITY (in kilos)	GREEK NAME
CHICKEN CUTS		ΚΟΤΟΠΟΥΛΟ
WING		
BREAST		
THIGH		
DRUMSTICK		
MINCED CHICKEN		
PORK CUTS		ΧΟΙΡΙΝΟ
JOWL		
BUTT(SHOULDER)		
PICNIC		
LOIN		
SPARERIB		
BELLY		

MINCED PORK		
HAM		
BEEF CUTS		ΜΟΣΧΑΡΙ
CHUCK		
FLAT IRON		
RIB		
RIB STEAK		
BACK RIBS		
RIB-EYE BONELESS		
BONE-IN RIB-EYE		
TOMAHAWK		
LOIN		
STRIPFILLET		
STRIPLOIN		
T-BONE		
PORTERHOUSE		
SIRLOIN		
ROUND		
FLANK STEAK		
WHOLE BRISKET		
BRISKET POINT		
PLATE		
SHORT RIBS		
FLANK STEAK		
FILLET MIGNON		
MINCED BEEF		
LAMB		ΑΡΝΙ
NECK		
SHOULDER		
BREAST		
LEG		
SIRLOIN		
LOIN		
RABBIT		ΚΟΥΝΕΛΙ
SKEWER (PORK, CHICKEN, BEEF)		ΣΟΥΒΛΑΚΙΑ
CHITLINS		
TRIBE		

SEAFOOD	Quantity (in kilos)	Greek name
Crab		Καβούρι
Shrimp (Prawn)		Γαρίδα
Lobster		Αστακός
Crayfish		Καραβίδα
Langoustine		Καραβίδα
Scampi		Γαρίδες πανέ
Tuna		Τόνος
Salmon		Σολωμός
Squid		Καλαμάρι
Octopus		Χταπόδι
Sea bream		Τσιπούρα

Sea bass		Λαυράκι
Pollock (Cod)		Μπακαλιάρος
Swordfish		Ξιφίας
Red porgy		Φαγκρί
Pandora		Λιθρίνι
Anchovy		Γαύρος
Sardines		Σαρδέλα
Smelt		Αθερίνα
Red mullet		Μπαρμπούνι
Sole fish		Γλώσσα
Blue fish		Γοφάρι
Amberjack		Μαγιάτικο
Trout		Πέστροφα
John Dory		Χριστόψαρο
Turbot		Καλκάνι
Mackerel		Σκουμπρί
Grouper		Ροφός
Dentex		Συναγρίδα
Eel		Χέλι
Μύδια		Mussel
Στρείδια		Oyster
Cuttlefish		Σουπιά
Croacker		Μυλοκόπι